









GOVERNMENT OF KARNATAKA (Dept of Ayush)

GOVERNMENT AYURVEDA MEDICAL COLLEGE

DHANVANTARI ROAD, BENGALURU-09



8TH NATIONAL AYURVEDA DAY REPORT







YEAR:2023















ಸರ್ಕಾರಿ ಆಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರ

ಧನ್ವಂತರಿ ರಸ್ತೆ, ಬೆಂದಳೂರು - 560 009

GOVERNMENT AYURVEDA MEDICAL COLLEGE & HOSPITAL

Dhanvantari Road, Bengaluru - 09

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'Ayurveda For One Health'

yurveda "हर दिन हर किसी के किए आयुर्वेद"

'Ayurveda For Everyone on Everyday'















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ಧನ್ನಂತರಿ ರಸ್ತೆ, ಬೆಂದಳೂರು - 560 009

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Dhanvantari Road, Bengaluru - 09

8ನೇ ರಾಷ್ಟ್ರೀಯ ಅಯುರ್ವೇದ ದಿನಾಚರಣೆ ಹಾಗೂ "ಧನ್ವಂತರಿ ಜಯಂತಿ"

ಸಮದ್ರ ಆರೋದ್ಯಕ್ತಾಗಿ ಪ್ರತಿ ವಿನ ಪ್ರತಿಯಾಜ್ಞವಿರೂ ಆಯುರ್ವೇರ



"हर दिन हर किसी के लिए आयुर्वेद"

ಜನಜಾದೃವಿ ಜಾಥಾ

Walkathon





AYURVEDA FOR FARMERS

DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN DRAVYAGUNA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR FARMERS

- Name of the Program conducted: **AYURVEDA FOR FARMERS**
- Conducted Activities:
 - 1. Educated the farmers regarding adoption of the Vrikshayurveda methods of cultivation to gain better yield and quality of the crops and medicinal plants.
 - 2. Created awareness regarding the simple home remedies of few medicinal plants.
 - 3. Distributed around 70 Medicinal plant saplings to farmers and public.
- Date: 3/11/2023
- No. of Beneficiaries: 100
- Names of the STAFF'S conducted the programme:
 - 1. Dr. Veena M S (Professor and HOD)
 - 2. Dr. Mamatha V Roa (Professor)
 - 3. Dr. Dharani (Associate professor)
 - 4. Dr. Mamatha shree (Associate professor)
 - 5. Dr. Savita B Sutagatti (Assistant professor)
- Place: Lagumenahalli Village near Ghati Subramanya, Doddaballapura, Bengaluru Rural.



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN DRAVYAGUNA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR FARMERS

- Name of the Program conducted: **AYURVEDA FOR FARMERS**
- Conducted Activities:
 - 4. Educated the farmers regarding adoption of the Vrikshayurveda methods of cultivation to gain better yield and quality of the crops and medicinal plants.
 - 5. Created awareness regarding the simple home remedies of few medicinal plants.
 - 6. Distributed around 70 Medicinal plant saplings to farmers and public.
- Date: 3/11/2023
- No. of Beneficiaries: 100
- Names of the STAFF'S conducted the programme:
 - 6. Dr. Veena M S (Professor and HOD)
 - 7. Dr. Mamatha V Roa (Professor)
 - 8. Dr. Dharani (Associate professor)
 - 9. Dr. Mamatha shree (Associate professor)
 - 10. Dr. Savita B Sutagatti (Assistant professor)
- Place: Palapaladinne Village near Ghati Subramanya, Doddaballapura, Bengaluru Rural.







DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN DRAVYAGUNA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR FARMERS

- Name of the Program conducted: **AYURVEDA FOR FARMERS**
- Conducted Activities:

Educated the farmers regarding adoption of the Vrikshayurveda methods of cultivation to gain better yield and quality of the crops and medicinal plants.

Created awareness regarding the simple home remedies of few medicinal plants.

Distributed around 70 Medicinal plant saplings to farmers and public

- Date: 27/10/2023
- No. of Beneficiaries: 80
- Names of the STAFF'S conducted the programme:
 - 11. Dr. Veena M S (Professor and HOD)
 - 12. Dr. Mamatha V Roa (Professor)
 - 13. Dr. Dharani (Associate professor)
 - 14. Dr. Mamatha shree (Associate professor)
 - 15. Dr. Savita B Sutagatti (Assistant professor)
- Place: Singanayakanahalli Bengaluru rural .











AYURVEDA FOR STUDENTS

DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG STUDIES IN ROGANIDANA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR STUDENTS

Name of the activity conducted: Ayurveda for Students

- 1. Awareness talk on AYUSH System of medicine
- 2. Role of Dinacharya and Rutucharya in maintaining the health
- 3. Challenges and opportunities in Ayurveda Education system

Date: 09/11/2023

No. of Students attended: 118

Place: Bapuji Memorial PU College Magadi main road Bengaluru

Name of the faculty present: Dr. Shivaprasad S E

Asst.Professor

Dept of Roganidana

Names of the PG scholars present:

- 1.Dr Ramesh H S
- 2.Dr Tejas bharadwaj
- 3.Dr Venkatesh Kulkarni
- 4.Dr Rakesh











DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG STUDIES IN ROGANIDANA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR STUDENTS

Name of the activity conducted: Ayurveda for Students

1. Awareness talk on Ayurveda

2. Role of Dinacharya and Rutucharya in maintaining the health

Date: 09/11/2023

No. of Students attended: 121

Place: Bapuji Memorial English High school

K P Agrahara Bengaluru

Name of the faculty present: Dr. Shivaprasad S E

Asst.Professor Dept of Roganidana

Names of the PG scholars present:

1.Dr Ramesh H S

2.Dr Tejas bharadwaj

3.Dr Venkatesh Kulkarni

4.Dr Rakesh











DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG STUDIES IN ROGANIDANA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR STUDENTS

Name of the activity conducted: Ayurveda for Students

1. Awareness talk on Ayurveda

2. Role of Dinacharya and Rutucharya in maintaining the health

Date: 04/11/2023

No. of Students attended: 76

Place: BBMP PU College

Govindapura M,M Road Bengaluru

Name of the faculty present: Dr. Kiran kumar S S

Professor

Dept of Roganidana

Names of the PG scholars present:

1.Dr Venkatesh Kulkarni

2.Dr Rakesh









DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG STUDIES IN ROGANIDANA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR STUDENTS

Name of the activity conducted: Ayurveda for Students

- 1. Treatment facilities in Ayurveda
- 2. Role of Dinacharya and Rutucharya in maintaining the health
- 3. Challenges and Opportunities in Ayurveda

Date: 02/11/2023

No. of Students attended: 116

Place: Bruhat Bengaluru Mahanagara Palike High School

1st cross Magadi road Bengaluru

Name of the faculty present: Dr. Sudeesh J

Asst.Professor

Dept of Roganidana

Names of the PG scholars present:

1.Dr Ramesh H S

2.Dr Tejas Bharadwaj









DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF SAMHITA SIDDHANTA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR STUDENTS

Name of the activity conducted: Ayurveda for Students

1. Ayurveda for Healthy Living

Date: 10/10/2023

No. of Students attended: 130

Place: Surana College Bengaluru

Name of the faculty present: Dr. Anand katti

Professor

Dept of Samhita siddhanta











AYURVEDA FOR PUBLIC

DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN PANCHAKARMA

NATIONAL AYURVEDA DAY 2023 AYURVEDA FOR PUBLIC

Name of the medical camp conducted: A special health camp on Diabetes Mellitus (Prameha)

Date: 2/11/2023

No. of patients attended: 127

Name of the faculty present: Dr. Shakuntala S P

Asst. Professor

Dept. Of Panchakarma

Names of the PG scholars present:

1. Dr. Pranesh P

- 2. Dr. Surya S
- 3. Dr. Rajalekshmi S
- 4. Dr. Tejali C R
- 5. Dr. Rajeshwari
- 6. Dr. Bhagyashree K
- 7. Dr. Vidyashree
- 8. Dr. Mahathi M



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN PANCHAKARMA

NATIONAL AYURVEDA DAY 2023 AYURVEDA FOR PUBLIC

Name of the medical camp conducted: A special health camp on Rheumatoid arthritis (Amavata)

Date: 31/10/2023

No. of patients attended: 120

Name of the faculty present: Dr. Shaila B

Professor

Dept. Of Panchakarma

Names of the PG scholars present:

1. Dr. Anjani S Pai

- 2. Dr. Priyanka Kalal
- 3. Dr. Bhagyashree
- 4. Dr. Megha B
- 5. Dr. Amrutha D C



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN PANCHAKARMA

NATIONAL AYURVEDA DAY 2023 AYURVEDA FOR PUBLIC

Name of the medical camp conducted: A health camp on Hyperlipidemia (Medoroga)

Date: 01/11/2023

No. of patients attended: 22

Name of the faculty present: Dr. Santosh L Yadahalli

Professor

Dept. Of Panchakarma

Names of the PG scholars present:

1. Dr. Jukur Rajesh

- 2. Dr. Amrutha D C
- 3. Dr. Ramya S
- 4. Dr. Misriya K H
- 5. Dr. Anita S N



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DEPARTMENT OF PG AND PhD STUDIES IN PANCHAKARMA

NATIONAL AYURVEDA DAY 2023 AYURVEDA FOR PUBLIC

Name of the medical camp conducted: A special health camp on Psoriasis (Twak vikara)

Date: 28/10/2023

No. of patients attended: 23

Name of the faculty present: Dr. Priyadarshini D

Asst. Professor

Dept of Panchakarma

Names of the PG scholars present:

1. Dr. Megha B

- 2. Dr. Priyanka Kalal
- 3. Dr. Sowjanya B R
- 4. Dr. Pavithra B J
- 5. Dr. Bhagyashree
- 6. Dr. Anitha Chaudhary



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN PANCHAKARMA

NATIONAL AYURVEDA DAY 2023 AYURVEDA FOR PUBLIC

Name of the Program conducted:

- 1. Educational talk regarding betterment of Women's health during Peri menopausal phase through Ayurveda.
- 2. Awareness regarding Preventive and curative aspects of Ayurveda in Lifestyle disorders.
- 3. Education regarding role of Dinacharya and Ritucharya in maintaining a healthy lifestyle

Date: 2/11/2023

No. of Beneficiaries: 50

Names of the PG scholars present:

- 1. Dr. Amrutha DC (Final year PG Scholar)
- 2. Dr. Tejali CR (Final year PG Scholar)
- 3. Dr. Ramya S (First year PG Scholar)
- 4. Dr. Pranesh P (Second year PG Scholar)
- 5. Dr. Swathi N (Second year PG Scholar)
- 6. Dr. Ramya S (First year PG Scholar)

Place: Mariyappanapalya public park Rajajinagar Bengaluru





DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG STUDIES IN ROGANIDANA

NATIONAL AYURVEDA DAY 2023 AYURVEDA FOR PUBLIC

Name of the medical camp conducted: A special health camp on Amlapitta

Date: 01/11/2023

No. of patients attended: 123

Name of the faculty present: Dr. A S Patil

Professor

Dept of Roganidana

Names of the PG scholars present:

1.Dr Ramesh H S

2.Dr Rakesh

3.Dr Shilpa

4.Dr Afnaan Naaz





DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG STUDIES IN ROGANIDANA

NATIONAL AYURVEDA DAY 2023 AYURVEDA FOR PUBLIC

Name of the medical camp conducted: A special health camp on Twak Vikara

Date: 02/11/2023

No. of patients attended: 113

Name of the faculty present: Dr. Shivaprasad S E

Asst.Professor

Dept of Roganidana

Names of the PG scholars present:

1.Dr Shreya

2.Dr Tejas bharadwaj

3.Dr Shilpa

4.Dr Afnaan Naaz

5.Dr Manjula



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN SHALYATANTRA

NATIONAL AYURVEDA DAY 2023 AYURVEDA FOR PUBLIC

Name of the Program conducted:

A Special Camp conducted on Jalaukaavacharan in Varicose ulcer

Date: 27/10/2023

No. of Beneficiaries: 23

Name of the Faculty Persent: Dr Chandrakala D

Names of the PG scholars present:

1. Dr. Anji Mariya (Final year PG Scholar)

2. Dr. Vikas Warad (Final year PG Scholar)

3. Dr. Sanjay Bevinkatti (First year PG Scholar)

4. Dr. Vanishree Tuppad (Second year PG Scholar)

5. Dr. Shivani (First year PG Scholar)

Place: Shalyatantra OPD No 10





DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN SHALYATANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted:

A special medical camp on post-operative fistulotomy wound with Lajjalu taila.

Date: 03/11/2023

No. of Beneficiaries: 16

Name of the faculty present: Dr. Duragappa H

Professor

Names of the PG scholars present:

1. Dr. Nagaraja K (Final year PG Scholar)

2. Dr. Akruthi S Gowda (Second year PG Scholar)

3. Dr. Minhaz Ul Arbia (First year PG Scholar)

4. Dr. Apoorva K (First year PG Scholar)

5. Dr. Sanjay S Bevinakatti (First year PG Scholar)

Place: Shalyatantra OPD



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN SHALYATANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted:

A special medical camp on viddhagnikarma in katigraha (lumbar spondylosis)

Date: 30/10/2023

No. of Beneficiaries: 34

Name of the faculty present:

Dr. Srinivas Masalekar Professor and HOD

Names of the PG scholars present:

1. Dr. Nirmala Bidari (Second year PG Scholar)

- 2. Dr. Vikas Warad (Final year PG Scholar)
- 3. Dr. Nagaraj K (Final year PG Scholar)
- 4. Dr. Pratiksha (First year PG Scholar)
- 5. Dr. Chetan (First year PG Scholar)
- 6. Dr. Minhaz(First year PG Scholar)

Place: Shalya tantra OPD (Room No -10)



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN SHALYATANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted:

A special medical camp on Pratisaraneeya kshara karma in Internal Haemorrhoids

Date: 2/11/2023

No. of Beneficiaries: 17

Name of the faculty present:

Dr. Latha K Assistant Professor

Names of the PG scholars present:

1. Dr Yashwanthakumar H (Final year PG Scholar)

2. Dr. Vishva R Patel (Second year PG Scholar)

3. Dr Prathiksha (First year PG scholar)

Place: Shalya tantra OPD (Room No -10)





DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND Ph.D STUDIES IN SHALAKYA TANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted: A special medical camp on Kacha (senile immature cataract)

Date: 08/11/2023

No. of Beneficiaries: 98

Name of Staff present:

Dr. S.M PASHA

professor & Head

Names of the PG scholars present:

1.Dr Ramya M (Final year PG)

2..Dr. Archana V (First year PG Scholar)

3.Dr. Sushma (first year PG Scholar)

4.Dr Zeba (Final PG Scholar)



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND Ph.D STUDIES IN SHALAKYA TANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted: A special medical camp on karnapoorana in Badhirya (Sensorineural

Hearing Loss)

Date: 4/11/2023

No. of Beneficiaries: 93

Name of the faculty present: Dr S M Pasha

Professor & HOD

Dept. of Shalakya Tantra

Names of the PG scholars present:

1. Dr. Swati Raikwar (Second year PG Scholar)

2. Dr Manushree M M (Second year PG Scholar)

3. Dr. Archana V (First year PG Scholar)

4. Dr. Amrita K (First year PG Scholar)

5. Dr Gopika A(First year PG Scholar)



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DEPARTMENT OF PG AND Ph.D STUDIES IN SHALAKYA TANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted: A special medical camp on Netra Seka in Shushkakshipaka (Dry Eye

Syndrome)

Date: 26/10/2023

No. of Beneficiaries: 122

Name of the faculty present: Dr S M Pasha

Professor & HOD

Dept. of Shalakya Tantra

Names of the PG scholars present:

1. Dr Shruti D G(Second year PG Scholar)

2. Dr. Mohana Kumari (Second year PG Scholar)

3. Dr. Ramya (Third year PG Scholar)

4. Dr. Akash(Third year PG Scholar)



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND Ph.D STUDIES IN SHALAKYA TANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted: A special medical camp on Shushakshipaka (Dry eye)

Date: 09/11/2023

No. of Beneficiaries: 103

Name of Staff present:

Dr. Mamataj Begum yadawad

Assistant professor

Names of the PG scholars present:

1.Dr Akash parashar (Final year PG)

2..Dr. Archana V (First year PG Scholar)

3.Dr. Sushma (first year PG Scholar)

4.Dr shubha S bhat (first year PG Scholar)



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND PhD STUDIES IN SHALYA TANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted: A special medical camp on Pracchana in Vicharchika

Date: 31/10/2023

No. of Beneficiaries: 27

Name of the Faculty Present: Dr Shilpa P N

Professor

Names of the PG scholars present:

1. Dr Shrenik Jain (Final Year PG Scholar)

2. Dr Madhushree K V (Second Year PG Scholar)

3. Dr Apoorva K (First year PG Scholar)

Place: Shalya Tantra OPD



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND Ph.D STUDIES IN SHALAKYA TANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted: A special medical camp on Nasya Karma in Kaphaja Prathishyaya

(Allergic Rhinitis)

Date: 01/11/2023

No. of Beneficiaries: 105

Name of the Faculty present: Dr. Mamataj Begum Yadawad

Asst. Professor

Dept. Of Shalakyatantra GAMC Bengaluru

Names of the PG scholars present:

1. Dr Manushree M M (Second year PG Scholar)

- 2. Dr. Swati Raikwar (Second year PG Scholar)
- 3. Dr. Archana V (First year PG Scholar)
- 4. Dr. Suma T L(Third year PG Scholar)
- 5. Dr Najma (Third ear PG Scholar)



DHANVANTARI ROAD, BANGALORE 560009

DEPARTMENT OF PG AND Ph.D STUDIES IN SHALAKYA TANTRA

NATIONAL AYURVEDA DAY 2023

AYURVEDA FOR PUBLIC

Name of the Program conducted: A special medical camp on Dantamoola shodhana followed by Pratisarana and Gandusha in Sheetada(Gingivitis)

Date: 4/11/2023

No. of Beneficiaries: 85

Name of the Faculty present: Dr. Mamataj Begum Yadawad

Asst. Professor

Dept. Of Shalakyatantra GAMC Bengaluru

Names of the PG scholars present:

1. Dr Manushree M M (Second year PG Scholar)

- 2. Dr. Swati Raikwar (Second year PG Scholar)
- 3. Dr. Archana V (First year PG Scholar)
- 4. Dr. Suma T L(Third year PG Scholar)
- 5. Dr Ravindra kumar (Second year PG Scholar)





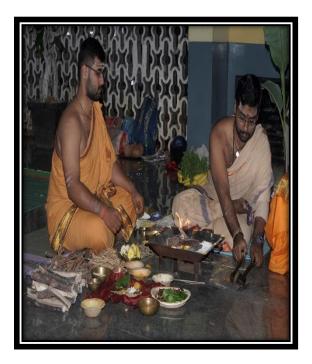
CELEBRATION OF 8TH NATIONAL AYURVEDA DAY DHANVANTARI HOMA & WALKATHON



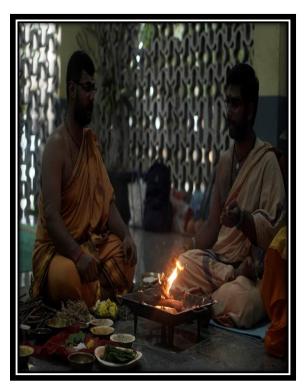


VENUE: GAMC CAMPUS

DATE: 10/11/2023







































ಸರ್ಕಾರಿ ಅಯುರ್ವೇದ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ ಮತ್ತು ಆಸ್ಪತ್ರೆ

ಧನ್ವಂತದಿ ರಸ್ತೆ, ಬೆಂದಳೂರು - 560 009

GOVERNMENT AYURVEDA MEDICAL COLLEGE & HOSPITAL
Dhanvantari Road, Bengaluru - 09

8ನೇ ರಾಷ್ಟ್ರೀಯ ಅಯುರ್ವೇದ ದಿನಾಚರಣೆ ಹಾಗೂ "ಧನ್ವಂತರಿ ಜಯಂತಿ"

ह्य हिन हर किसी के लिए आयुर्वेद"



ಜನಜಾದೃವಿ ಜಾಥಾ Walkathon























